Loop It Out to Queens

JOYRIDE #21

Enjoy a portion of this year's NYC Century Bike Tour. Tackle the Tri-Boro, visit Flushing Meadows, ride the new bike lanes in Queens, brave the Little Neck Bay winds on the Joe Michael Mile, explore the paths in Alley Pond Park and return

a la the famous QBB outer roadway bike path (Open to bikes except for 3 to 8 weekdays.) About 40 miles, mostly flat. We can't guarantee the red "C" marks will still be visible on all streets, so as always, take a map just in case.

Start Ma	nhattan entrance to the		
Tri-Boro	Bridge (126th St. and		
	- entrance is a right off		
	to get on the bridge)		
	Warning! There are stairs on the		
	prepared to carry your		
bike.			
Tri-Boro to Randall's Island			
R	Path to Bridge re-		
entrance near Randall's Island			
Park			
Continue on Tri-boro Bridge to			
Queens			
Tri-boro Bridge to Queens			
Exit bridge — stairs down			
L	Hoyt Avenue to 26th		
St.			
L	24th Avenue		
L	19th St.		
R	Enter Astoria Park		
Dismoun	t at field house and		
walk ahea	ad on park path to curb		
R	Astoria Park South		
R	Shore Blvd.		
R	20th Ave.		
bear R	75th St.		
L	Ditmars Blvd.		
R	82nd St.		
L	34th Ave. to end		
cross 114th St. onto median bike			
path over bridge			
R	Shea Stadium Circle		
enter	Flushing Meadows		
Park			
L	just past tennis Stadi-		

um, on to "authorized vehicles			
only" ro	only" road		
bear L a	bear L at fork —enter park		
	follow C's on route thru park		
	Stay right around water/under		
	overpass, bear left up steep over-		
pass			
Pass Bot	Pass Botanical Gardens on L —		
exit parl			
L '	Main St.		
R	Elder Ave		
R	Colden St		
L	Laburnum Ave		
L	158th St		
R	32nd Ave		
L	163rd St		
R	26th Ave		
R	Corp Kennedy Plaza		
L	28th Ave		
(bridge	over Cross-Island Pkwy)		
L entra	L entrance to Joe Michael Mile		
R	Northern Blvd		
R	223rd St		
L	43rd Ave		
L	219th St		
L	46th Ave		
R	223rd St becomes		
Cloverda	Cloverdale Blvd		
L	Horatio Pkwy		
bear R	E. Hampton Blvd		
Cross	LIE onto 233rd St		
R	67 Avenue/Lee Gold-		
man Lane			
L	230th St		
R	73rd Ave		

L	Enter Alley Pond Park		
opposite	226th St		
	& Follow park paths		
R	onto Vanderbilt Pkwy		
path (tak	te a L 1/2 mile to water		
and restr			
R	Hollis Hills Ave		
L	at parking lot —		
through tunnel into Cunning-			
ham Parl	k		
R	on park path		
L	between backstops —		
continue on path to corner			
L	73rd Ave bike path		
R	141th St		
L	Jewel Ave bike path		
(bike lan	e ends at intersection		
continue on sidewalk down hill			
R into Park			
L	onto lake loop road		
Bear R	through parking lot		
onto lake	e path		
After clearing the path but			
before the next parking lot and			
bridge to next part of Park-			
Watch for ramp to overpass walk-			
way on yo			
L	112th St		
R	64th Ave		
L	108th St.		
R	71st Ave		
Cross Queens Blvd.			
L	Station Sq.		
Continue Greenway Place North			
L	Markwood		

	after stop light proceed through		
		on over highway	
	R	Forest Park Drive	
	ahead on	Park Drives	
	cross V	Voodhaven Blvd. contin-	
	ue on par	rk drives. Note: 2-way	
	traffic	,	
	Pass golf	course on right	
	R	Oak Ridge (big house	
	at triangl		
	R	Myrtle Ave	
	L	80th St (turns into Dry	
	Harbor R		
	L	Juniper Blvd South	
	R	69th St	
	L	Elliot Ave	
	R	Fresh Pond Rd	
	Bear L	61st St	
	L	Maspeth Ave	
	R	Rust St (Turns into	
56th Rd, then Review Ave)			
	L	Borden Ave	
	R	5th St	
	R	46th Ave.	
	L	Vernon Blvd	
	Bear R	10th St	
	R	Queens Plaza South -	
	Enter	59th/QBB Bridge	
	bike/ped		
	L	59th St	
	L	First Ave	
	L	61st St	
	to Central	Park entrance at	

Columbus Circle