

New Jersey Knickerbocker, a.k.a. 505 to Northvale

by Stephanie Shapiro, Paul Secor & Steve Colon

Begins at the Boathouse in Central Park; a scenic ride that utilizes Routes 505 going and 501 returning. 42 miles total.

Left, heading North	Park Drive	1.7	Stay to right, watch for cyclists and joggers.
Straight	Park Drive, down hill	0.5	Watch your speed.
Right out of Park	Adam Clayton Powell Jr. Blvd.	0.4	Use bike lane. Prepare for left turn.
Left	117th Street	—	Short distance. Quick right coming up.
Right	St. Nicholas Ave.	0.3	Use bike lane.
Straight	St. Nicholas Ave.	2.44	Cross over Frederick Douglass Blvd. to continue on St. Nicholas.
Left	168th Street	0.16	Two-way traffic here. Stay alert!
Right	Ft. Washington Ave.	0.43	Start moving left as you approach 177th St.
Left	177th Street.	0.09	Go two blocks.
Right	Cabrini Blvd.	0.07	Watch for concrete island.
Left onto sidewalk	178th Street	—	Short distance. Use sidewalk ramp. Prepare to make a tight left.
Left up Bridge ramp	Bike/Ped Ramp to GWB	1.28	Cross Bridge. Stay to your right.
Right	Hudson Terrace	1.96	Keep right.
Left	Palisade Ave.	1.96	Just after you pass Summit St., prepare for a long downhill.
Around monument at circle	Palisade Ave.	0.25	Watch for traffic entering circle.
Right	Knickerbocker Ave. (No. 505)	2.95	Stay to your right.
Around monument at traffic circle	Knickerbocker Ave. turns into Knickerbocker Road	0.48	Circle Restaurant should be on your left as you leave the traffic circle and get back on Knickerbocker (505)
Straight	Exxon Station at Grant Ave. and Knickerbocker	—	Bathroom stop.
Right out of gas station	Knickerbocker Road (No. 505)	2.5	Careful getting back on the roadway.
Straight at 3-way int	Knickerbocker Road (No. 505);	2.32	Oradell Reservoir should be on your right
Bagel place nearby	Knickerbocker turns into Livingston (still No. 505)		
Right	Oak Tree/Central Ave.	0.8	Keep right.
Right	Piermont Rd./Route 340	3.78	Keep right.(South 501)
Left	Closter Dock Rd.	0.8	
Right	Anderson Ave. (County Rd)	2.25	Follow signs for South 501.
Stop at Bicycle Workshop	County Rd. & Mahan St.	—	Quick pit stop.
Straight	County Rd.	0.55	Careful getting back on the roadway.
Right	Dean Dr.	0.65	Stay right when road forks.
Left	Elm St.	0.23	Tricky intersection coming up.
Right	Eagle St.	0.23	Left turn coming up.
Left	Hudson Ave.	0.33	Right turn coming up.
Right	Elkwood Terrace	0.33	Left turn coming up.
Left	Davidson Pl.	0.15	Right turn coming up.
Right	Lydecker St.	0.15	Left turn coming up.
Left	Booth Ave.	0.81	Left turn coming up.
Left	Fairview Ave.	0.22	Right turn coming up.
Right	Summit St.	0.65	Left turn coming up.
Left	John St.	0.44	Right turn coming up. Obey the traffic light!
Right	Hudson Terrace	1.85	Stay right, afternoon traffic might be heavier now.
Left	Up onto sidewalk, leading to Bridge	—	Cross Bridge. Stay to your right.
Right at bottom of ramp	178th St.	—	Short distance. Watch for other cyclists.
Right	Cabrini Blvd.	0.04	Turn so that you are to the right of the island.
Right	177th St.	0.03	Left turn coming up.
Left	Haven Ave.	0.4	Follow Haven to Ft. Washington.
Right	Ft. Washington Ave.	0.15	Prepare for a right turn down a steep hill.
Right	165th St.	0.2	Watch speed and stay alert at hill bottom of the hill.
Left	Riverside Drive	4.9	Ride straight down to the end of Riverside Drive at 72nd St.

