

Henry Hudson Trail / Sandy Hook

DO THIS RIDE ON YOUR OWN OR join the 5BBC on Oct. 21 to ride in a group. This is a gorgeous 35-40 mile route to Monmouth County, New Jersey. From NYC, the Seastreak ferry leaves either from 34th St. & FDR Dr. or Pier 11 near South Street Seaport. It takes 45 minutes to travel to the town of Highlands, NJ. Round trip fare with bike is \$27. A bit steep, but the trip is worth it. From there, the cuesheet will give a route. Happy cycling.

L=Left, R=Right, X=Cross, P=Pass, S=Straight,
1=First

**START: SEASTREAK FERRY TERMINAL,
HIGHLANDS, NJ**

- S Willow St. (no sign)
- L Shore Dr.
- R Water Witch Ave. (Steep Climb)
- BR Linden Ave. (another climb)
- BR Red Bank Scenic Rd. (yet another climb)
- BR Ocean Blvd.
- X Mt. Mitchill Overlook, R
- S Ocean Blvd. (Steep Descent)
- R Ocean Blvd. (tricky turn, go right)
- X Hofbrauhaus restaurant
- L First Ave.
- X Mike's Bike Shop on L
- R Highland Ave.
- L Ave. D
- R Kennedy Ct. & Leonard Ave.—start Henry Hudson Trail
10 miles stretch to end—**BE ALERT @ INTERSECTIONS!**
- X Red Caboose car, on R
- X McMahon Park, restrooms on R, maybe orange gatorade
- X Naval Weapons Station Earle,
- X 4-5 wooden bridges ahead
- X Maple Pl. -Cornucopia Restaurant on L (732) 739-6888, <http://www.cornucopia-cruise.com>
Trail ends @ Clark St./Lloyd Rd.
Retrace to beginning of trail—**BE ALERT @ INTERSECTIONS!**
- L Ave. D
- R Leonard Ave.
- R First Ave.
- L Rt. 36 (NOTE: busy traffic—stay on wide shoulder, R)
Rolling hills, but fun stretch
- R Portland Rd. near Off The Hook restaurant, before Shrewdsbury Bridge
- 1R Highland Ave.
- L Lighthouse Rd. (that's why this is Highlands)
STEEP climb
To Navesink Twin Lights

- Dir. Turn/Street/Road
Retrace to Rt. 36, towards bridge
- R Shrewsbury Bridge (watch metal grating)
FOLLOW SIGNS TO SANDY HOOK RAMP
- R Ramp to Sandy Hook
- S Sandy Hook entrance
Do perimeter ride, stay on R
- X Gull's Nest restaurant, on R
- X Visitor Center, on R
- R Atlantic Ave.
- R Atlantic Ave.
- X Gunnison Beach
- X North Beach
- BL** to end of Atlantic Ave.
- X Coast Guard Station
- L Hartshorne Dr. - take to end
- P Historic homes on L, Sandy Hook Bay on R
- X Sandy Hook exit - watch for traffic
- BR** Ramp to bridge, Highlands
- R Shrewsbury Bridge (watch metal grating)
- 1R North Ramp (no sign)
- L Bay Ave. — **TURN WITH CARE!!!**
- L Ocean Ave. (no sign)
- R Shore Dr.
- R Willow St. follow sign to ferry
- L Seastreak Ferry Terminal **FINI**
*Route researched by Alfredo Garcia,
circa June 2000*